NoMeansNo
From Obscurity to Oblivion: An Oral History

Jason Lamb with Paul Prescott • Foreword by Fred Armisen • Afterword by W. Buzz Ryan

They were unlike any other band in the punk scene they called home. NoMeansNo started in the basement of the family home of brothers Rob and John Wright in 1979. For the next three decades, they would add and then replace a guitar player, sign a record deal with Alternative Tentacles and tour the world. All along the way, they kept their integrity, saying “NO” to many mainstream opportunities. It was for this reason the band (intentionally) never became a household name, but earned the respect and love of thousands of fans around the world, including some who became big rock stars themselves. They were expertly skilled musicians playing a new kind of punk: intelligent, soulful, hilarious, and complex. They were also really nice Canadian dudes.

NoMeansNo: From Obscurity to Oblivion is the fully authorized oral and visual history of this highly influential and enigmatic band which has never been told before now. Author Jason Lamb obtained exclusive access to all four former members and interviewed hundreds of people in their orbit, from managers and roadies to fellow musicians, friends, and family members. The result is their complete story, from the band’s inception in 1979 to their retirement in 2016, along with hundreds of photos, posters, and memorabilia, much of which has never been seen publicly before.

For established fans, this book serves as a “love letter” to their favorite group and provides many details previously unknown. For those curious about the story and influence of NoMeansNo, it reveals an eye-opening tale of how a punk band could be world class musicians while truly “doing it themselves.” Their impact and importance cannot be overstated, and NoMeansNo: From Obscurity to Oblivion is the essential archive.

ABOUT THE CONTRIBUTORS

Jason Lamb was born and raised in Victoria, BC Canada. After pursuing a career in stand-up comedy in Vancouver for fourteen years, he went back to school for broadcast journalism and moved back to his hometown of Victoria in 2008. Since then, Jason has been one half of the morning show at The Zone @ 91.3. He also produces and hosts “The Punk Show on The Zone,” a weekly uncensored and commercial-free showcase of punk rock new and old, local and otherwise. It was on this show where he first interviewed members of his favourite band, NoMeansNo. That connection helped convince the band to allow Jason access to their incredible story. When not on the radio or doing stand-up, Jason enjoys full contact snooker and writing flattering biographies of himself.

Paul Prescott is a retired engineer from Maine who currently lives in Belize. He has been a NoMeansNo fan since the mid 80s.

Fred Armisen is one of the great comedians of this generation. A cast member on Saturday Night Live, Fred went on to create the hilarious Portlandia series with Carrie Brownstein (Sleater-Kinney). He has appeared in dozens of movies and television shows over the past two decades. Before his career in comedy and acting, Fred was the drummer of Chicago band Trenchmouth. His band opened for NoMeansNo in Texas in the mid 1990s. Fred is a very big fan of NMN.

W. Buzz Ryan is a fictional character who is actually the writing of NoMeansNo guitarist Tom Holliston. W. Buzz provided satirical and strange essays that served as liner notes on many NMN albums, as well as press releases and radio spots. He is a beloved and misunderstood member of the NoMeansNo universe.