

Peace by Peace

99 Steps Toward Violence Prevention and De-escalation

Ian Brennan

Peace by Peace is by design a quick read.

Ian Brennan spent over thirty years teaching violence prevention, crisis resolution, and anger management to social work, health care, and educational staff. This slim volume collects the core, consistent lessons that those years provided. The curriculum was born out of working for fifteen years in locked, emergency psychiatric settings, mostly in Oakland, California. In those environments, utility was vital for survival. Mere theory would get your ass kicked. These techniques had to work or else immediate physical consequences would result.

ABOUT THE AUTHOR

Ian Brennan is a Grammy-winning music producer who has produced three other Grammy-nominated albums. He is the author of ten previous books and has worked with the likes of Fugazi, John Waters, Merle Haggard, Tinariwen, and Green Day, among others. His work with international artists such as the Zomba Prison Project, Tanzania Albinism Collective, and Khmer Rouge Survivors, has been featured on the front page of the *New York Times* and on an Emmy-winning *60 Minutes* segment with Anderson Cooper reporting. Since 1993 he has taught violence prevention and conflict resolution around the world for such prestigious organizations as the Smithsonian, New York's New School, Berklee College of Music, the University of London, the University of California–Berkeley, and the Accademia Nazionale delle Scienze in Rome. His previous books with PM Press include *Silenced by Sound: The Music Meritocracy Myth* and *Missing Music: Voices from Where the Dirt Roads End*.

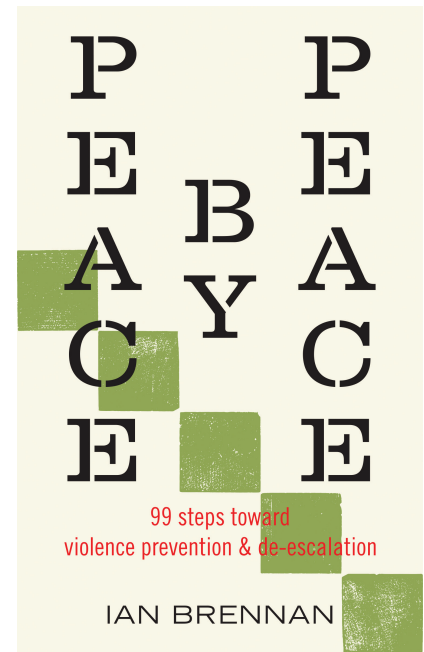
ACCOLADES

"Brennan calls for a restructuring of how we speak as a way to expand our ways of thinking, eliminating all-or-nothing/black-and-white words and creating a world without hate."

—Patt Denning, Harm Reduction Center

"In a world gone mad, Ian Brennan's teachings are a calm in the storm."

—Bob Forrest, author of *Running with Monsters: A Memoir*



SUBJECT CATEGORY

Anger Management, Interpersonal Relations, Personal Safety & Self-Defense

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