A senior in high school, Abe’s got a Division I track scholarship awaiting him, a hot girlfriend, and a loving and wealthy adoptive family, including a brother his age. But suddenly, horrific flashbacks and seizures rip him back five years ago to war-torn Africa, where he lost his mother, his sister, his friends, and almost his own life to torturous violence. In therapy for Post Traumatic Stress Disorder, Abe uncovers even darker moments that make him question why he’s still alive.

This contemporary young adult novel portrays the pressures of teens to live a normal life, let alone succeed at high levels; while facing mental illness and—in Abe’s case—a past that no one could possibly understand... or survive.

Pegi Deitz Shea has written a suspenseful, action-filled book that will open teens’ eyes and hearts to the lives of young people exposed to violence around the world.

ABOUT THE AUTHOR
Pegi Deitz Shea is best known for exploring human rights issues in children’s books. Pegi has brought the worlds of refugees, immigrants, child laborers, and historical figures into the minds of readers of all ages. Her books, including The Whispering Cloth, Tangled Threads, Ten Mice for Tet, The Carpet Boy’s Gift and Patience Wright have been made Notables by organizations including the International Reading Association, National Council of Teachers of English, National Council for the Social Studies, Bank Street College, Junior Library Guild and the New York Public Library. She has been teaching writing for the Institute of Children’s Literature since 1996, and teaching children’s literature at the University of Connecticut since 2007. Pegi has presented at more than 350 schools, libraries and conferences across the nation. Raised in New Jersey, Pegi lives in Connecticut with her family when she’s not traipsing around the world.

ACCOLADES
“Abé in Arms, although fictional in nature, could have been true for any number of young boys in West Africa whose lives were devastated by conscription into the rebel army through force, threats, manipulation, bribery, and drugs. ...Pegi Shea engrosses us in the horrors of war, pulls at our heartstrings as we weep for Abé, and causes us to yearn for a time when he can confront the demons that control his life. At the same time, she explores the wrenching irony of war refugees being thrust into an American youth culture that glamorizes the very violence that has caused Abé so much anguish. Shea’s resolution, like Abé’s epiphany, is surprising, believable, and gratifying.”
—Eleanor Porter Pershing, Ph.D., West Africa Trauma Team